

7.2.1 Two best practices of the institution.

1. **Title of the Practice:** Women Empowerment through Employment and Entrepreneurship

Motto: Swavlamban / Skills for Self-Sustenance.

Objectives of the practice:

To make industry specific training available to students

To invite reputed companies for training for job placement and campus recruitment

To make entrepreneurship training available to students

To organize short term certificate courses for imparting different skills.

Context: Even though the college is located in Gandhinagar - the capital city of Gujarat - around 70% of girls come from the rural areas. Most of them come from socially and economically underprivileged classes of the society. Many of them are first generation learners. This profile of our students makes it crucial for us to make them economically independent, by providing industry-specific and entrepreneurship training. Emphasis is on career, entrepreneurship and job-oriented skill development. Our college has established an Entrepreneurship and Skill Development Centre to help and motivate students to incline them towards self-employment, and to organise training programs and workshops related to various aspects of entrepreneurship. The Career Counselling and Placement Cell - UDISHA and the Entrepreneurship Development Cell and Finishing School of the college offer and organise need-based industry specific training and Soft Skills training and short-term certificate courses of skill development so that students of rural areas can earn on their own by getting a proper job or by getting means of earning by employing these skills, thereby they become self-sufficient and economically independent.

The Practice:

The college works at two levels in this area.

- 1) The external agencies are invited to conduct industry specific training to our students.
- 2) The Entrepreneurship Development Cell organises short term add-on certificate courses. The curricula for courses are designed as per the guidance of experts to impart skills which are important to make students ready for self-employment.

List of Activities:

Date	Activity	No of Participants
26/07/2020	Poster making competition and participating in Pledge to Vocal to local	04
6/8/2020	Job Placement Fair	60 participants
10/08/2020	International Youth Day: Webinar organized by The Federation of Obstetric and Gynaecological Societies of India (FOGSI) time: 9:30 to 1:00	08
14/08/2020	Aatma Nirbhar Bharat: webinar series	18 and LT

	organized by 1 Gujarat girls' battalion	
17/08/2020	Aatma Nirbhar Bharat: webinar series organized by 1 Gujarat girls bt. Ahmedabad speaker: Capt. Ulupi Patel	16 and LT
6/09/2020	webinar: Can you be the next Entrepreneur? hosted by EXPA time: 6.30 pm speaker: Yana Korrepati	16 and LT
5 and 6/09/2020	webinar on new Education Policy conducted by MHRD time: 1 to 3 pm	12
12/11/2020	Online Lecture :01 Introduction: Aim and Objectives of NCC-1 time: 11:00 to 11:45 Platform: Google Meet	19
07/12/2020	Online Lecture:02 Introduction: Aim and Objectives of NCC-2 time: 03:00 to 03:45 Platform: Google Meet	22
08/12/2020	Online Lecture:03 Leadership time: 04:00 to 04:45 Platform: Google Meet	33
11/12/2020 to 22/12/2020	Finishing School Batch 6 Set A	26
17/12/2020	Online Lecture:06 NCC camp: Introduction time: 04:00 to 04:45 Platform: Google Meet	36
18/12/2020	Online Lecture:07 Disaster Management time: 04:00 to 04:45 Platform: Google Meet	27
30/12/2020	Online Lecture:09 Personality development time: 04:00 to 04:45 Platform: Google Meet	26
	Disaster Management time: 04:00 to 04:45 Platform: Google Meet	26
02/01/2021	Online Lecture:10 Personality development :2 time: 04:00 to 04:45	23

	Platform: Google Meet	
5/1/2021	Online Lecture:11 Armed Forces and Military History: 1 time: 04:00 to 04:45 Platform: Google Meet	35
08/01/2021	Online Lecture:12 Communication Skills time: 04:00 to 04:45 Platform: Google Meet	27
08/01/2021	course name: Introduction to Digital India organized by Gujarat Institute of Disaster Management	03 and LT
12/01/2021	Expert Lecture on documentation of NCC training Program orientation for CTO organized by 1 Gujarat girls bt, Ahmedabad Platform: Webex meeting time: 03:00 to 03:30	LT 1
04/02/2021 to 06/02/2021	CATC camp for "B" certificate	19 and LT
08/02/2021 to 12/02/2021	CATC camp for "C" certificate	05
3/3/2021 to 7/3/2021	Finishing School Batch 6 Set B	26
08/03/2021	Gandhinagar Homoeopathic Medical College organized by Self – Defence Training Program to celebrate Women's Day	02
8/3/2021	Shakti Sanman: National Webinar Resource Person Dr. Ritaben Parikh	102
22/03/2021	Gujarat State level Online Quiz Competition on Water Conservation organized by Rastriya Raksha University &1 Gujarat. Girls Battalion Ahmedabad	
23 March,2021 6 th April, 2021	Career Counselling and Information about B.Ed. course and various future opportunities and prospects after B.Ed. is provided S.S. Patel College of Education.	Online Session TYBA and

		TYBCOM Students.
7 th and 20 th April, 2021	Career Counselling and Information about B. Ed. course and various future opportunities and prospects after B.Ed. is provided R.H. Patel English Medium College of Education.	Online Session TYBA and TYBCOM Students.

Evidence of success:

With the best efforts of Career Counselling and Job Placement Cell and recommendation by the college, two Alumni of our college Ms. Devarshi Modi is selected as a contractual Lecturer in K. S. School of Business Management, Ahmedabad, and Ms. Ishwari Thakor is selected as a counsellor in Jivan Astha Help Line, Police Commissioner's Office Gandhinagar, with Annual salary of Rs. 3,60,000 and Rs. 1,87,200 respectively.

Three students of Psychology department namely Monika Shikari, Nisha Chauhan, and Rinal Parmar have cleared Ph.D. entrance exam of Children University and enrolled as Ph.D. scholars in it.

Problems Encountered and Resources Required:

- Lack of motivation and thrust of getting skills required for placement
- Utmost care is needed while planning such programs as there is a possibility of getting the routine study schedule disturbed.
- Most of our students hail from rural areas and are from socially and economically deprived sections of the society. They faced two problems: that of having smart phones and internet connectivity. As a result, they faced difficulties in attending on-line activities. In addition to that, because of Covid-19 restrictions, there were limitations to arrange off-line activities.
- Often there is a lack of components of skill-acquisition in the prescribed curricula. Therefore, it becomes essential to start imparting the training from grass root level.
- One of the difficulties is to find properly trained experts for certain skills of orientation.

2. Title of the Practice: Women empowerment through Health and Hygiene Awareness Programmes

Motto: **Aarogyam Param Bhagyam - Health is Wealth**

Objectives:

- To make students aware of the importance of their personal health and hygiene
- To invite experts from the medical field as well as the Health Department of the Government of Gujarat to hold such programmes
- To arrange for the health check-up of all the first-year students and to provide medical counselling.
- To arrange programmes of cleanliness awareness in the adopted villages

Context: The Vision of our college is to attain social upliftment by empowering women through value-based education. One of the values of human life is to take utmost care of one's health and hygiene. Though the college is situated in Gandhinagar, the capital city of Gujarat, almost 70% of girls come from the rural areas. The college felt it necessary to empower such deprived girls by holding programmes of health and hygiene awareness. The college has Collegiate Women Development Committee and NSS unit which look after this activity all through the year. The number of students commute from the rural areas to our college is up to 70%. There is a need to train them to take utmost care of their health and hygiene. They are also learning lessons of cleanliness during various programmes held by the college. The CWDC and the NSS unit organise Lectures, workshops and training for the students of the college as well as for women of the adopted villages. During Covid 19 pandemic lockdown extreme care is taken to sanitize the premises, and college building. Thermal guns were used to check temperature of the person visiting the college, sanitization dispenser was placed, wearing of mask was made compulsory, social distancing was maintained by all the staff and students.

List of Activities:

Health and Hygiene			
Date	Name of activity	No of participants	
5/6/2020	World Environment Day: cadets drew painting. Tree Plantation	04	
21/06/2020	International Yoga Day twitter uploaded: Yoga Day awareness video	03	
1/7/2020 to 17/7/2020	Public Awareness Campaign about Vaccination by NSS	194	
23/08/2020	Fit India Freedom Run organized by Govt. of India cadets run in their area with friends, family members	05	
24/08/2020	Fit India Movement hosted by 1 Gujarat girls bt. Ahmedabad time:3 to 4 pm speaker: Captain: Rashmi Gupta	16 Students and 1 ANO	
03/09/2020	webinar on Cancer Prevention & Healthy lifestyle organized by Sanjeevani Life Beyond time: 04 pm	11 and LT	
05/09/2020	webinar: Cyber, Online Security and Redressal hosted by PDPU Gandhinagar time: 2 pm	11 and LT	
11/09/2020	Fit India webinar: hosted by 1 Gujarat girls bt. Ahmedabad time: 3 to 4 pm speaker: Lt Khusali Purohit	12 + LT.DR.S.A. SUTHAR (ANO)	
14/09/2020	Fit India Webinar: hosted by 1 Gujarat girls bt. Ahmedabad time: 3 to 4 pm	13 + LT.DR.S.A. SUTHAR	

	speaker: Lt. Dhita Lakhtariya	(ANO
19/09/2020	Tree Plantation in College Garden by NSS	34
02/10/2020	“Gandhi Jayanti” Cadets cleaned surrounding area of their own houses.	05
11/10/2020	Mask Distribution and Covid-19 Awareness Campaign at Building Construction Sites by NSS	08 and program officer
16/10/2020	Elocution Competition on Covid-19 by Cultural Committee	16
05/11/2020 to 06/12/2020	State Level Civil Defence Camp at Civil defence office Dr. Jivraj Maheta Bhavan Old Secretariat Gandhinagar	07
11/12/2020	Online Lecture:04 Health and Hygiene time: 04:00 to 04:45 Platform: Google Meet	26
14/12/2020	Online Lecture:05 Health and Hygiene time: 04:00 to 04:45 Platform: Google Meet	39
28/29/30 Dec 2020	Sports Mahotsav by Dept. of Physical Education: Carom Tournament	16
28/29/30 Dec 2020	Sports Mahotsav by Dept. of Physical Education: Chess Tournament	05
29/12/2020	Yoga for Mental Wellness: Capacity Building Program for the Staff. Dr. Bansidhar Upadhyay, Former VC of Lakulish Yoga University.	21 Staff Members
15/01/2021	Discarded Kites and Thread collection to save the birds and environment by NSS	67
08/03/2021	Gandhinagar Homoeopathic Medical College organized Self – Defence training program to celebrate women’s day	02
10/03/2021	Jal Jeevan Samvad :2021 Making videos for Awareness & Essay writing organized by Dept. of Drinking Water & Sanitation, New Delhi	04
12/3/2021	Vaccination Awareness Campaign for the relatives of the students by the students of NSS	08
17/3/2021	Cleanliness Drive: Outside of Campus by NSS	48
18/03/2021	“Global Recycling Day” organized by WICCI Gujarat Stem Edu. Council time: 4.00 pm	23

	Platform: Facebook live	
22/03/2021	Gujarat state level Online quiz competition on Water Conservation organized by Rastriya Raksha Shakti University & 1 Gujarat. Girls battalion Ahmedabad	05
12 April to 14 April 2021	Vaccination Awareness Campaign	53
3/5/2021	Grocery Kits Distribution and Covid-19 Vaccination Awareness Programme for Laborers at Sector 6 Gandhinagar	08

- During Covid-19 lockdown cadets of NCC and Volunteers of NSS Unit prepared and distributed masks and by door-to-door contact in their surrounding locality and villages made people aware of the necessary precaution during Covid 19.
- Yoga Training was arranged for the faculties and the students under World Yoga Day.
- Swachhata Rally and Tree Plantation Drive was organised under Swachchhata Pakhvada by the NSS unit of the college.
- The Management provided all necessary resources and special efforts have been made for cleanliness of the college building and sanitization of all places in use during the Covid 19 pandemic.
- Anyone entering the premises has been allowed to enter only after checking the temperature by thermal gun and proper sensitization.
- It has been made compulsory to wear proper mask, frequent sanitization and to maintain social distancing in college building and premises.
- Management Committee has helped the institute by providing thermal guns, masks, sanitization equipment, material etc.
- The Management has established isolation centre and provided food, medical care and all that is necessary for health and hygiene of the people staying in isolation centre.
- The local health and hygiene committee of the college has been in full swing to maintain cleanliness and regular sanitization of the building.
- It has been made compulsory to wear proper mask, frequent sanitization and to maintain social distancing in college building and premises.

Evidence of success:

- Due to effective efforts of the Management, College, NCC and NSS unit the staff and students have taken extreme care for sanitization and wearing of proper masks, and they become more aware about the health and hygiene.
- The Staff and Students have become more aware and availed the sports equipment like sports cycle, table tennis etc available in the college sports room to improve and maintain physical fitness.
- Yoga sessions have made the students and the staff more conscious about mental wellness and the importance of physical fitness.
- The scarcity of oxygen in the hospitals and the resultant deaths due to lack of oxygen, made every one conscious about the importance of trees and to protect the environment, recycling of plastic and to reduce the carbon footprint.
- The staff and the students have got first and second dose of vaccines as and when it has been made available for them.
- Surveys have been made to know the status of vaccination of the staff and the students.
- The college has put into practice the concept of – ‘Green Campus Plastic Free Campus’ and thus reduced the use of plastic material.
- Students are specifically instructed not to use any plastic covering or file for the submission of the assignments, projects etc and they are encouraged to use and write their assignments on the single side blank papers.
- Water taps, pipes and drainage are regularly checked to prevent any spillage and leakage of water and mended immediately.
- The college has conducted Online internal examinations and thus saved papers and thus helped to save and protect the environment.
- The college stores the documents digitally and get them photo copied only when it is very much necessary.
- For non-important documents the college also uses one side blank papers.
- The students switch off the lights, fans and any other electrical and electronic appliance when it is not in use.

Problems Encountered and Resources Required: There is a possibility of getting the routine study schedule disturbed, hence utmost care is needed while planning such programs.

Most of our students hail from rural areas and are from socially and economically deprived sections of the society. They faced two problems: that of having smart phones and internet

connectivity. As a result, they faced difficulties in attending on-line activities. In addition to that, because of Covid-19 restrictions, there were limitations to arrange off-line activities.